# ACTIVE LISTENING & FOLLOWING INSTRUCTIONS

Tongprasong, P.

## **OVERVIEW**

Section I: Why This Week Matters

**Section 2: The 3 Principles of Active Listening** 

**Section 3: Types of Commands & Instructions** 

Section 4: Strategies for Comprehension & Compliance

**Section 5: Practice Makes Perfect** 

Call to Action:

## Section 1: Why This Week Matters

## THE ART OF UNDERSTANDING AND ACTING ON INFORMATION

Key Message: Crucial for effective collaboration and task completion in any professional setting.

## Learning Outcomes (CLOs) Addressed:

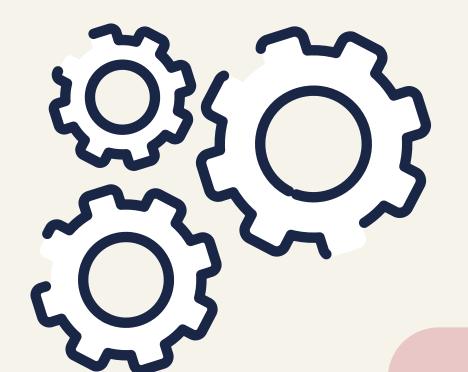
- \* English communication proficiency (CLOI & CLO4)
- \* Comprehending and acting upon workplace directives (CLO2)
- \* Effective participation in collaborative tasks (CLO3 & CLO5)

## SECTION 2: THE 3 PRINCIPLES OF ACTIVE LISTENING

Principle 1: Focusing (Paying Attention)

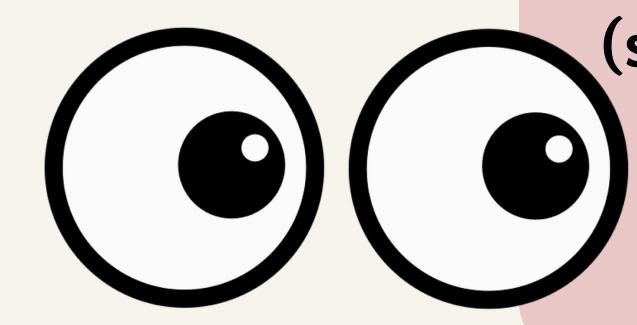
Principle 2: Interpreting (Understanding the Message)

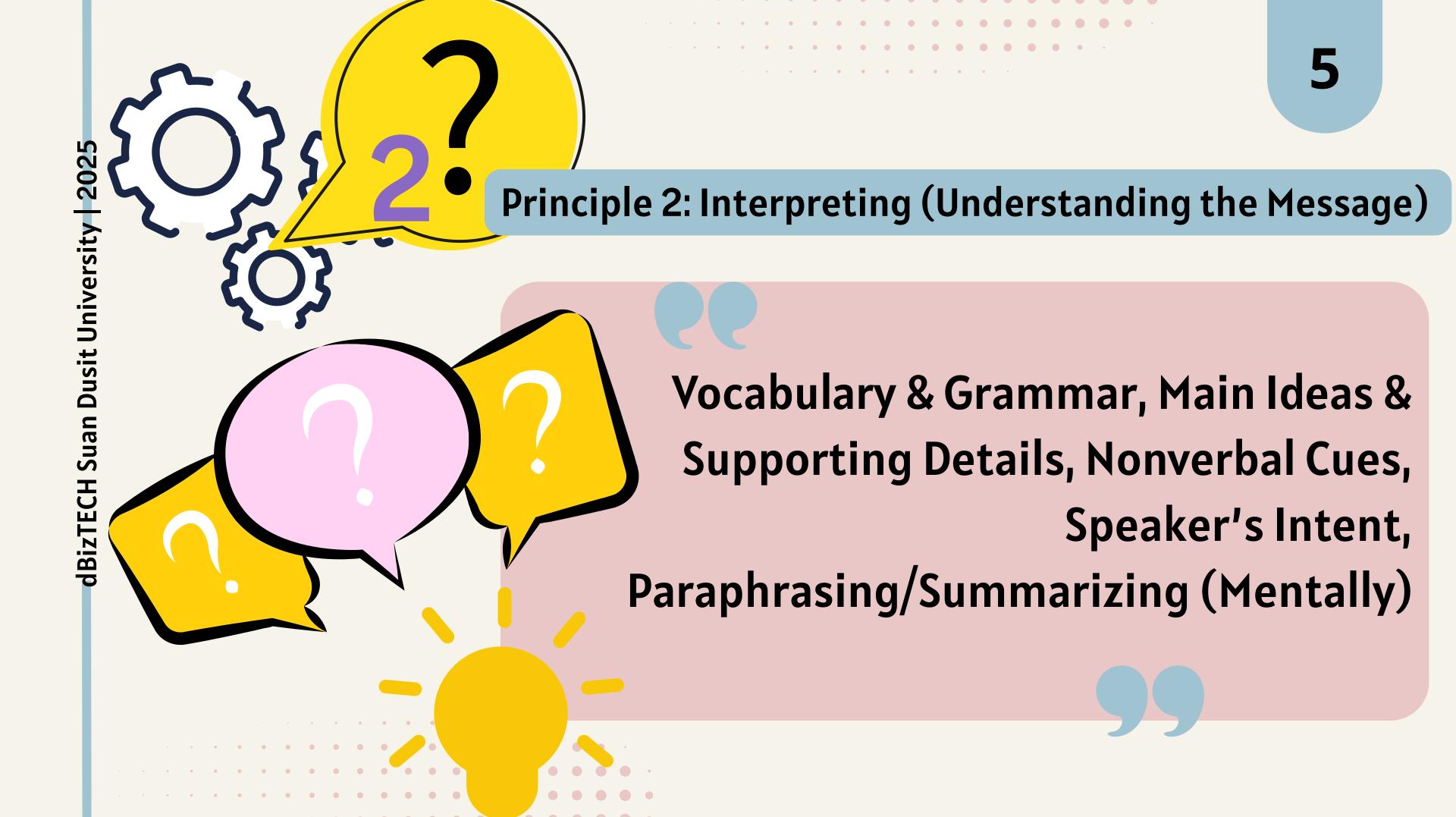
Principle 3: Recalling (Remembering the Information)



## Principle I: Focusing (Paying Attention)

Points: Physical Presence (eye contact, open posture), Mental Focus (suppressing internal thoughts, managing distractions), Adjusting Environment, Recognizing Barriers.







Strategic Note-Taking, Mental Organization, Asking Clarifying Questions, Reviewing.

## SECTION 3:

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TPE.	DIRECT COMMANDS
	"SUBMIT THE REPORT BY FRIDAY."
2	INDIRECT COMMANDS (REQUESTS)
3	"Could you please send me the agenda?"  Multi-Step Instructions
4	"First, open the application. Then, click 'File,' select 'Export,' and choose the PDF format."  Process-Oriented Instructions
	"To onboard a new client, you need to complete the following steps:"
5	Urgent vs. Non-Urgent "Immediately back up the server!" vs. "Please review this proposal sometime next week."

Verbal vs. Written Instructions

a descriptive text like "Relies on auditory vs. reading com

## SECTION 4: STRATEGIES FOR COMPREHENSION &

COMPLIANCE

### **Key Strategies:**

- Focus Your Attention Fully
- Identify Key Information
- Ask Clarifying Questions (Proactively)
- Take Notes (Especially for Multi-Step)
- Paraphrase & Summarize (Out Loud, if appropriate)
- Pay Attention to Nonverbal Cues
- Follow Instructions Sequentially
- Double-Check
- Seek Confirmation After Completion



## SECTION 5: PRACTICE MAKES PERFECT

### **Activities:**

- Oral Instructions
- Visual-Verbal Instructions
- Simulated Workplace Scenarios (Role-playing)
- "Simon Says" Variations
- Error Detection Exercises



Strength

Weekness



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## THANKYOU

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